



FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

April 2022

Volume 14 Issue 4



**If the laws of tooth and claw or self-preservation were basic laws, there would be no one on earth at this time.
—NOTES ON THE LECTURES OF L. RON HUBBARD**

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Volume 14 Issue 4 April 2022

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The FREE THETAN is the monthly Newsletter of the Association of Professional Independent Scientologists. It is available as a free download from the APIS website or by subscription. The Association of Professional Independent Scientologists is the operating name of the International Freezone Association Inc, a duly registered non profit association registered in the State of Delaware, USA.

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental “fogginess” and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~oOo~

<p>The FREE THETA</p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect & Promote</i> http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ *Editorial* ~



reservo, servo, proveho

Dear Reader,

Goals are very important. Without goals there is no purpose, and the highest purpose in this universe is the creation of effect. However the quality of effect is important. One can create a bad effect or a good effect on the eight dynamics.

How much of a good effect could one create? One could always improve one's ability to understand the nature of the universe and of man. That would have a good effect not only on oneself but perhaps others as a result of the change in attitude and actions of oneself.

One could improve ones ability to audit for example. That would improve others if not oneself. Many auditors write about how they make gains from auditing others ass well as the wins of others obtained in auditing.

One could work in social area to improve ones environment. Even apply ethics gradients where applicable to others.

There are a lot of areas where one can have an effect and the effects you have may not always be noticeable to you but they do exist. Never forget,

"Your potentialities are a great deal better than anyone ever permitted you to believe."
—SELF ANALYSIS

L. Ron Hubbard articles are from the book, 'Scientology: A New Slant on Life.'

Until next time

Much arc,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels
scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, OT

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken Urquharturq@verizon.net](mailto:KenUrquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



Wins and Successes in the Scientology Independent Field

Here is a success from a student's PC who is receiving Book 1 auditing:

"I walked into my auditing session with Bill in a state of heavy key-in and painful emotional turmoil. I am faced with some wonderful opportunities for a change of living situation that have set me spinning out about all the times I've tried something new and later patterns re-surfaced and even when good things happened I felt like a failure.

To make a long story short, we cleared not only the engram in question but also cleared a long chain of incidents resulting in my no longer feeling like I deserved criticism, shaming, and emotional and verbal abuse, as well as now trusting my ability to face challenges without falling apart. Thank-you for this wonderful process! I'm pretty hyper with joy and hope."

A Success Story from a PC who wrote what it is like after the auditing!!

"What's interesting about auditing is the original breakthroughs experienced during the audit session opens doors with more thoughts, awareness and understanding for the process to continue through time. I have been experiencing things that I touch or put intention into turns to gold. That doesn't necessarily mean monetarily but outcomes and making things better. That's not boasting but rather self validation of my own thoughts regardless of anyone else's validations or in validations. We already know everything, we just need auditing to make us aware enough to reach in and know our thoughts and trust ourselves to the point where our thoughts become our "knows". Once we can do that you turn off any other forms of validation or in validation and know not only what is happening now but also understand what the outcome would be in the future. Every morning I am so excited to start my day because I know a

new discovery will be made and I can share that with others. Every day could potentially be The last day but every day is cherished and have so many things I have to do in this lifetime to help so many beaten down folks to become happy, healthy and free again. Even in this troubled times for many there's so many things here that we should be thankful for ! Ingrid you are the best!!!"

"Wanted to share some wins I've been having in life with you all as I'm sure many of you use Scientology everyday. I recently helped my friend start on the communication course and did basic TRS with her. She and I are good friends and she was having trouble with getting her ideas across and was never able to clearly communicate her needs and wants to others. After spending some time with her, she texted me saying she STOOD HER GROUND AND KEPT COMMUNICATING HER POINT and was able to GET IT ACROSS! I guided my boyfriend to help me do a nerve assist on myself as I was getting body chills from a stomach bug days earlier. I thought I was going to get a flu or something but the next day I felt 100 Percent."

Here is a success story from a student who did an LRH Money Course:

"The money course was a success for me. I finally confronted my debts that had bogged me down for years. With this course I was enlightened on how to cut down expenses so I can pay debts a bit faster. I feel comfortable now knowing there's a way to handle my finances more efficiently.

Thank-you LRH and thanks, Carolyn"

"I just completed Grade IV with Ingrid. I am full of energy and I feel enlightened and positive!! I handled big issues with cut communications. I also had a return of ability too. My hand has had trauma since 2018 and there has been a return of ability with that!! Thank You Ingrid-YOU ARE THE BEST!!"

~oo0oo~



Mission Statement

The Association of Professional Independent Scientologists (APIS) have as their goals.

**The preservation and protection
of the original applied philosophy of Scientology
and Dianetics as issued by L. Ron Hubbard so
it is always available worldwide**

**The applied philosophy of L. Ron Hubbard exported
to the world and being applied standardly and
without alteration, dilution or changed in anyway
but exactly as Lafayette Ron Hubbard issued it**

Our Future

We have a bright future in front of us. The past is dead, suitable for inspection in session only. The future is the future. It is the beginning of Scientology for us all and, as Ron said, the sun never sets on Scientology regardless of where it happens to be.

We can start afresh. We can roll up our sleeves and say, "let's get to it." Let's get the philosophy and the basic principles we know out into the world and shared with others. Remember, we are immortal beings. We are also powerful beings. Every individual on this planet including you is an immortal and powerful being and can be re-educated into that understanding. Every individual on this planet can regain their former glory and understanding. It is possible. For some, it might be distant, but remember, they are immortal too. What sort of future do you want? What future would you like to create?

**"Your potentialities are a great deal better than
anyone ever permitted you to believe."
SELF ANALYSIS**

Remember, you CAN do it!

~000000~

THE TRUE STORY OF SCIENTOLOGY

The true story of Scientology is simple, concise and direct. It is quickly told:

1. A philosopher develops a philosophy about life and death;
2. People find it interesting;
3. People find it works;
4. People pass it along to others;
5. It grows.



When we examine this extremely accurate and very brief account, we see that there must be in our civilization some very disturbing elements for anything else to be believed about Scientology.

These disturbing elements are the Merchants of Chaos. They deal in confusion and upset. Their daily bread is made by creating chaos. If chaos were to lessen, so would their incomes.

The politician, the reporter, the psychiatrist with his electric shock machine, the drug manufacturer, the militarist and arms manufacturer, the police and the undertaker, to name the leaders of the list, fatten only upon “the dangerous environment”. Even individuals and family members can be Merchants of Chaos.

It is to their interest to make the environment seem as threatening as possible, for only then can they profit. Their incomes, force, and power rise in direct ratio to the amount of threat they can inject into the surroundings of the people. With that threat they can extort revenue, appropriations, heightened circulation’s and recompense without question. These are the Merchants of Chaos. If they did not generate it and buy and sell it, they would, they suppose, be poor.

For instance, we speak loosely of “good press”. Is there any such thing today? Look over a newspaper. Is there anything *good* on the front page? Rather, there is murder and sudden death, disagreement and catastrophe. And even that, bad as it is, is sensationalized to make it seem worse.

This is the cold blooded manufacture of “a dangerous environment”. People do not need this news; and if they did, they need the facts, not the upset. But if you hit a person hard enough, he can be made to give up money. That’s the basic formula of extortion. That’s the way papers are

sold. The impact makes them stick.

A paper has to have chaos and confusion. A “news story” has to have “conflict”, they say. So there is no good press. There is only bad press about everything. To yearn for “good press” is foolhardy in a society where the Merchants of Chaos reign.

Look what has to be done to the true story of Scientology in order to “make it a news story” by modern press standards. Conflict must be injected where there is none. Therefore, the press has to dream up upset and conflict.

Let us take the first line. How does one make conflict out of it? No. 1, *A philosopher develops a philosophy about life and death.*

The Chaos Merchant has to inject one of several possible conflicts here: He is not a doctor of philosophy, they have to assert. They are never quite bold enough to say it is not a philosophy. But they can and do go on endlessly, as their purpose compels them, in an effort to invalidate the identity of the person developing it. In actual fact, the developer of the philosophy was very well grounded in academic subjects and the humanities, probably better grounded in formal philosophy alone than teachers of philosophy in universities.

The one man effort is incredible in terms of study and research hours and is a record never approached in living memory, but this would not be considered newsworthy. To write the simple fact that a philosopher had developed a philosophy is not newspaper-type news and it would not disturb the environment. Hence, the elaborate news fictions about No. 1 above. Then take the second part of the true story. *People find it interesting.* It would be very odd if they didn't, as everyone asks these questions of himself and looks for the answers to his own beingness; and the basic truth of the answers is observable in the conclusions of Scientology.

However, to make this “news” it has to be made disturbing. People are painted as kidnapped or hypnotized and dragged as unwilling victims up to read the books or listen. The Chaos Merchant leaves No. 3 v cry thoroughly alone. It is dangerous ground for him. *People find it works.* No hint of workability would ever be attached to Scientology by the press, although there is no doubt in the press mind that it does work.

That's why it's dangerous. It calms the environment. So any time spent trying to convince press that Scientology works is time spent upsetting a reporter. On No. 4, *People pass it along to others*, the press feels betrayed. “Nobody should believe anything they don't read in the papers. How dare word of mouth exist?” So, to try to stop people from listening, the Chaos Merchant has to use words like “cult”. That's “a closed group”, whereas Scientology is the most open group on Earth to anyone. And they have to attack organizations and their people to try to keep people out of Scientology.

Now, as for No. 5, *It grows*, we have the true objection. As truth goes forward, lies die. The slaughter of lies is an act that takes bread from the mouth of a Chaos Merchant. Unless he can lie with wild abandon about “how bad it all is”, he thinks he will starve. The world simply must *not* be a better place, according to the Chaos Merchant. If people were less disturbed, less beat-

en down by their environment, there would be no new appropriations for police and armies and big rockets, and there'd be not even pennies for a screaming, sensational press.

So long as politicians move upward on scandal, police get more pay for more crime, medicos get fatter on more sickness, there will be Merchants of Chaos. They're paid for it. And their threat is the simple story of Scientology. For that is the true story. And behind its progress, there is a calmer environment in which a man can live and feel better. If you don't believe it, just stop reading newspapers for two weeks, and see if you feel better.

Suppose you had all such disturbances handled?

The pity of it is, of course, that even the Merchant of Chaos needs us, not to get fatter, but just to live himself as a being.

So the true story of Scientology is a simple story.

And too true to be turned aside.

~oo0oo~



***Join The Association
of Professional
Independent
Scientologists
today and
make a difference to
your life!***

<http://independent-scientologists-association.net>



THE MAN WHO SUCCEEDS

The conditions of success are few and easily stated.

Jobs are not held consistently and in actuality by flukes of fate or fortune. Those who depend upon luck generally experience bad luck. The ability to hold a job depends in the main upon ability. One must be able to control his work and must be able to be controlled in doing his work. One must be able, as well, to leave certain areas uncontrolled. One's intelligence is directly related to his ability. There is no such thing as being too smart. But there is such a thing as being too stupid.

But one may be both able and intelligent without succeeding. A vital part of success is the ability to handle and control, not only one's tools of the trade, but the people with whom one is surrounded. In order to do this, one must be capable of a very high level of affinity, he must be able to tolerate massive realities and he must, as well, be able to give and receive communication.

The ingredients of success are then: first, an ability to confront work with joy and not horror; a wish to do work for its own sake, not because one "has to have a paycheck". One must be able to work without driving oneself or experiencing deep depths of exhaustion. If one experiences these things, there is something wrong with him. There is some element in his environment that he should be controlling that he isn't controlling, or his accumulated injuries are such as to

make him shy away from all people and masses with whom he should be in intimate contact.

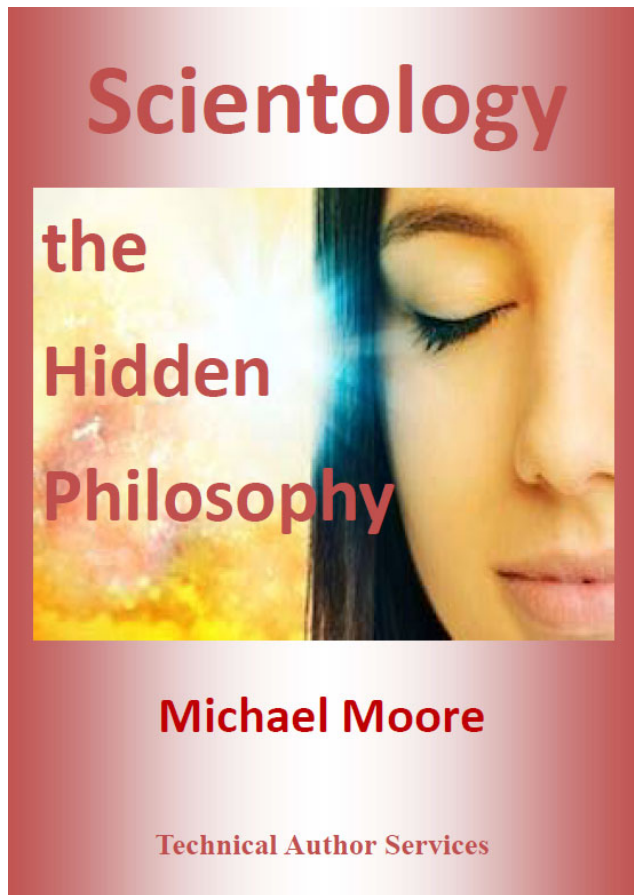
The ingredients of successful work are: training and experience in the subject being addressed, good general intelligence and ability, a capability of high affinity, a tolerance of reality, and the ability to communicate and receive ideas. Given these things there is left only a slim chance of failure. Given these things a man can ignore all of the accidents of birth, marriage or fortune, for birth, marriage and fortune are not capable of placing these necessary ingredients in one's hands. One could have all the money in the world and yet be unable to perform an hour's honest labor. Such a man would be a miserably unhappy one. The person who studiously avoids work usually works far longer and far harder than the man who pleasantly confronts it and does it. Men who cannot work are not happy men. Work is the stable datum of this society. Without something to do there is nothing for which to live. A man who cannot work is as good as dead and usually prefers death and works to achieve it.

The mysteries of life are not today, with Scientology, very mysterious. Mystery is not a needful ingredient. Only the very aberrated man desires to have vast secrets held away from him. Scientology has slashed through many of the complexities which have been erected for men and has bared the core of these problems. Scientology for the first time in man's history can predictably raise intelligence, increase ability, bring about a return of the ability to play a game, and permit man to escape from the dwindling spiral of his own disabilities. Therefore work itself can become a game, a pleasant and happy thing.

There is one thing which has been learned in Scientology which is very important to the state of mind of the workman. One often feels in this society that he is working for the immediate pay check and that he does not gain for the whole society anything of any importance. He does not know several things. One of these is how few good workmen are. On the level of executives, it is interesting to note how precious any large company finds a man who can handle and control jobs and men. Such people are rare. All the empty space in the structure of this workaday world is at the top.

And there is another thing which is quite important, and that is the fact that the world today has been led to believe, by mental philosophies calculated to betray them, that when one is dead it is all over and done with and that one has no further responsibility for anything. It is highly doubtful if this is true. One inherits tomorrow what he died out of yesterday. Another thing we know is that men are not dispensable. It is a mechanism of old philosophies to tell men that if they think they are indispensable they should go down to the graveyard and take a look—those men were indispensable too. This is the surest foolishness. If you really looked carefully in the graveyard you would find the machinist who set the models going in yesteryear and without whom there would be no industry today. It is doubtful if such a feat is being performed just now. A workman is not just a workman. A laborer is not just a laborer. An office worker is not just an office worker. They are living, breathing, important pillars on which the entire structure of our civilization is erected. They are not cogs in a mighty machine. They are the machine itself.

~oo00oo~



Scientology The Hidden Philosophy

Everything you always wanted to know about Scientology.

Many people have misconceptions about Scientology, what it is and does.

It does not make a person good or bad or crazy or powerful. Morally superior or inferior. It simply opens up the ability to be oneself.

As Ron Hubbard has said himself, Your potentialities are a great deal better than anyone ever permitted you to believe.

—SELF ANALYSIS

Just a few of the subjects covered include:

What is Scientology ?

Lafayette Ron Hubbard

Mary Sue Hubbard

The Philosophy of Dianetics and Scientology

Dianetics

Scientology

Scientology: the Hidden Philosophy

Basic Principles of Scientology

Using the Basics

Dynamics

ARC Triangle

Tone Scale

Know to Mystery Scale

Awareness Levels

And much more

Get your free copy today from: <https://independent-scientologists-association.net/Scientologythehiddenphilosophy.shtml>

Also available at: <https://authorservices.org>

ISBN: 978-0-6486-727-1-5



ACCENT ON ABILITY

When we say “Life”, all of us know, more or less, what we are talking about; but when we use this word “Life” practically, we must examine the purposes and behavior, and in particular, the formulas evolved by Life in order to have the game called “Life”.

When we say “Life”, we mean Understanding; and when we say “Understanding”, we mean Affinity, Reality, and Communication. To understand all would be to live at the highest level of potential action and ability. The quality of Life exists in the presence of Understanding—in the presence then, of Affinity, Reality and Communication.

Life would exist to a far less active degree in the levels of misunderstanding, incomprehensibility, psychosomatic illness, and physical and mental incapability's. Because Life is Understanding, it attempts to understand. When it turns and faces the incomprehensible, it feels balked and baffled.

If one is obsessively, and without understanding, being determined into incomprehensibility, then of course he is lost. Thus we discover that the only trap into which Life could fall is to do things without knowing it is doing them.

One can always understand that his ability can increase, because in the direction of an increase in ability is further understanding. Ability is dependent entirely upon a greater and better un-

derstanding of that field or area in which one cares to be more able. When one attempts to understand inability he is of course looking at less comprehensibility, less understanding, and so does not then understand lessening ability anywhere near as well as he understands increasing ability. In the absence of understanding of ability we get a fear of loss of ability, which is simply the fear of an unknown or a thought-to-beunknowable thing, for there is less knownness and less understanding in less ability.

Part of understanding and ability is control. Of course, it is not necessary to control everything everywhere if one totally understands them. However, in a lesser understanding of things, and of course in the spirit of having a game, control becomes a necessary factor. The anatomy of control is Start, Stop and Change, and this is fully as important to know as Understanding itself, and as the triangle which composes Understanding:

Affinity, Reality and Communication.

The doctors and nurses in a contagious ward have some degree of control over the illnesses which they see before them. It is only when they begin to recognize their inability to handle these ills or these patients that they, themselves, succumb to these. In view of the fact that of recent centuries we have been very successful in handling contagious diseases, doctors and nurses, then, can walk with impunity through contagious wards.

The fighters of disease, having some measure of control over the disease, are then no longer afraid of the disease and so it cannot affect them. Of course, there would be a level of body understanding on this which might yet still mirror fear, but we would have the same statement obtaining. People who are able to control something do not need to be afraid of it and do not suffer ill effects from it. People who cannot control things can receive bad effects from those things.

The common denominator of all neurosis, psychosis, aberration and psychosomatic ills is “can’t work”. Any nation which has a high incidence of these is reduced in production and is reduced in longevity.

Amongst the unable is the criminal, who is *unable* to think of the other fellow, *unable* to determine his own actions, *unable* to follow orders, *unable* to make things grow, unable to determine the difference between good and evil, unable to think at all on the future. Anybody has some of these; the criminal has *all* of them.

And what does one do about “how bad it is”? Well, if one depends for a long time upon others to do something about it, or depends upon force, he will fail. From his viewpoint the only one who can put more Life, more Understanding, more Tolerance and more Capability into the environment is himself. Just by existing in a state of higher Understanding, just by being more capable, an individual could resolve for those around him many of their problems and difficulties.

The accent is on ability.

~oo00oo~


Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

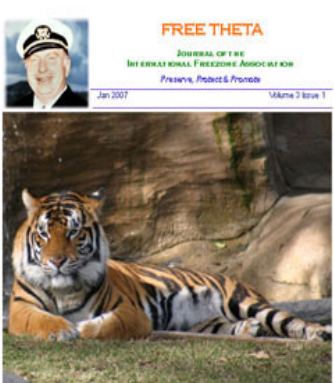
There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

— SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

FREE THETA

**The voice of independent
Scientologists with
Exciting articles by
source and well known
and well respected
individuals. Regular
favourite features.
Available to APIS
Members only.
Join APIS Today!**



**"REALITY IS THE AGREED UPON
APPEARANCE OF EXISTENCE"**

SCIENTOLOGY 8 808
Lafayette Ron Hubbard



***Quote from
L. Ron Hubbard***

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.

THE BRIDGE TO TOTAL FREEDOM
SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART
OF LEVELS AND CERTIFICATES

TRAINING PROCESSING
Additional training services that may be done at various points on the Bridge
Class XII Auditor, Class XI Auditor, Class X Auditor, Class IX Auditor, Class VIII Auditor, Class VII Auditor, Class VI Auditor, Class V Graduate Auditor, Class IV Auditor, Class III Auditor, Class II Auditor, Class I Auditor, Class 0 Auditor, Hubbard Life Orientation Course, Hubbard Key to Life Course
Awareness Characteristics: Total Freedom, Power Dynamics, 21 Source, 20 Evidence, 19 Conditions, 18 Realization, 17 Training, 16 Ability, 15 Insight, 12 Proficiency, 8 Self, 8 Adjusting, 8 Understanding, 3 Perception, 2 Communication, 1 Recognition, 1 Help, 2 Hope
PC Grade, Name of Book, Subject, Prerequisite, Class of Auditor, When Offered, Ability
OT XV, OT XIV, OT XIII, OT XII, OT XI, OT X, OT IX, OT VIII, OT VII, OT VI, OT V, OT IV, OT III, OT II, OT I
Sunshine Rounddown, Clear Course, Clear Certainty Rounddown, Expanded Dianetics, New Era Dianetics (NECP), Grade IV Exposed, Grade III, Grade II, Grade I, Grade 0, ARC Straightenup, Happiness Rounddown, Purification Rounddown
Dianetics (Book One), Anatomy of the Human Mind, Purification Route, The Way to Happiness, Hubbard Key to Life Course
Dianetics and Scientology Beginning Books and Extension Courses, Lectures and Public Films
How to Use This Chart
Definitions

DIANETICS AND SCIENTOLOGY INTRODUCTORY SERVICES
Success Through Communication Route, Life Improvement Course, Personal Efficiency Route, Scientology Introductory Auditing Route, Dianetics (Book One) Route, Anatomy of the Human Mind Route, Purification Route, The Way to Happiness Route, Hubbard Key to Life Course Route

DIANETICS AND SCIENTOLOGY BEGINNING BOOKS AND EXTENSION COURSES, LECTURES AND PUBLIC FILMS
-4 Need of Change
Lambdoid "Need of Change"
turn from non-materiality
-4 Year of Warning
-3 Year of Warning
-2 Year of Warning
-1 Year of Warning
-1 Help
-2 Hope

How to Use This Chart
1. The chart is not a book but a book of books...
2. The chart is not a book but a book of books...
3. The chart is not a book but a book of books...

Definitions
ARC Straightenup: A procedure for straightening up a person's mind...
Happiness Rounddown: A procedure for removing the cause of unhappiness...
Purification Rounddown: A procedure for removing the cause of unhappiness...

ARC Straightenup
Happiness Rounddown
Purification Rounddown
The Way to Happiness
Hubbard Key to Life Course

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A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo0oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

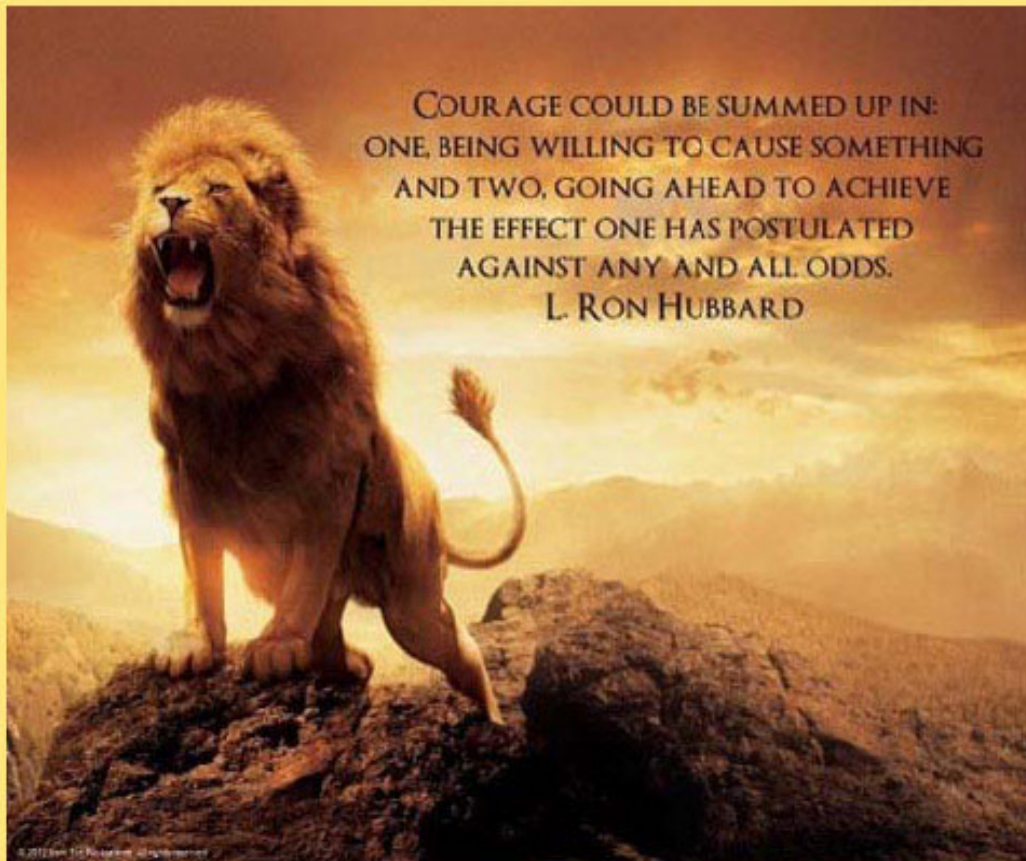
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

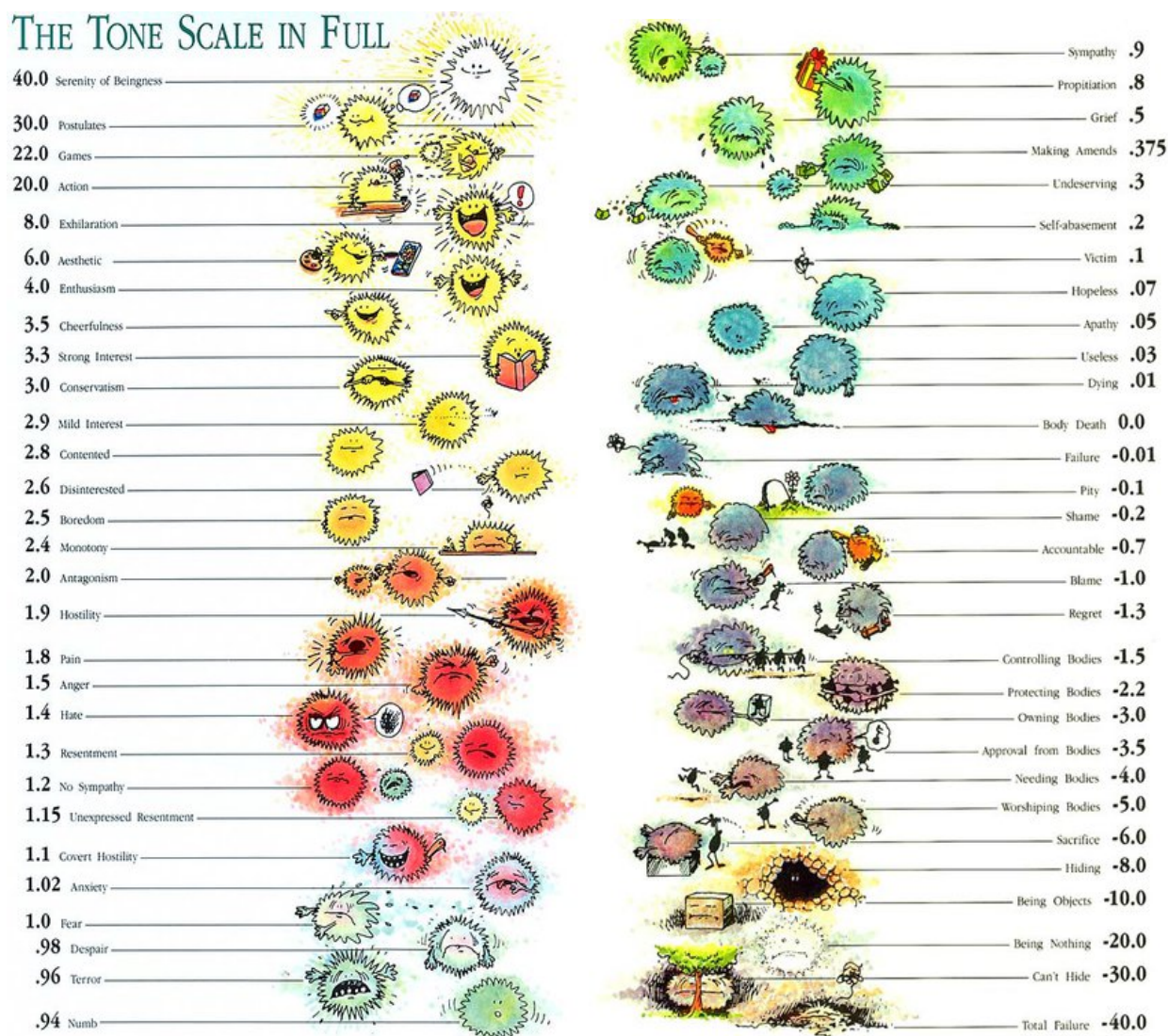
Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today!

<http://independent-scientologists-association.net/start-a-group.shtml>

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The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

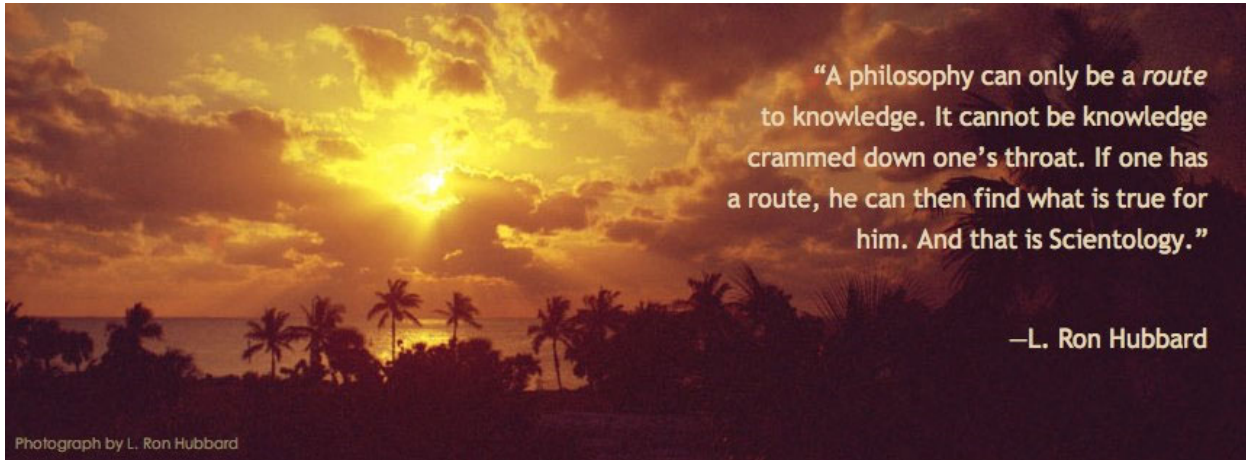
You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so-forth, why he will arrive.

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